SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8/1/18	8/2/18	8/1/18	8/2/18	8/3/18	8/4/18
8/5/18	8/6/18	8/7/18	8/8/18	8/9/18	8/10/18	8/11/18
8/12/18	8/13/18	8/14/18	8/15/18	8/16/18	8/17/18	8/18/18
	*Milk & Juice Carb Counts White 1% Milk - 11g Choc. Fat Free Milk - 24g Apple Juice - 14g Orange Juice - 15g	* Cereal Carb Counts Honey Nut Scooters 22g Marshmallow Mateys 23g Coco Roos 21g Cinnamon Toasters 22g Honey Graham Toasters 22g *see package for any cereal not listed	WG Cereal Variety (see note*), String Cheese (.5g),Banana (27g), 100% Fruit Juice Variety, Milk Variety	Pancake on a Stick (17g), Sliced Peaches (17g), 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza (28g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety	
8/19/18	8/20/18	8/21/18	8/22/18	8/23/18	8/24/18	8/25/18
	D 16 (D 11 (47)	WG Cereal Variety (see	Biscuit (25g) & Gravy	WG Cereal Variety (*see	French Toast Sticks (4	
	Breakfast Burrito (17g), Diced Peaches (16g), 100% Fruit Juice Variety, Milk Variety	note*), String Cheese (.5g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety	(4g), Fresh Apple (K-5 6g, 6-12 12g), 100% Fruit Juice Variety, Milk Variety	side note), String Cheese (.5g), Pineapple Chunks (18g), 100% Fruit Juice Variety, Milk Variety	sticks =42g) w/ Syrup (31g), Yogurt (19g), Sliced Pears (15g), 100% Fruit Juice Variety, Milk Variety	
8/26/18	Diced Peaches (16g), 100% Fruit Juice Variety,	Fresh Orange (11g), 100% Fruit Juice Variety, Milk	(4g), Fresh Apple (K-5 6g, 6-12 12g), 100% Fruit	(.5g), Pineapple Chunks (18g), 100% Fruit Juice	(31g), Yogurt (19g), Sliced Pears (15g), 100% Fruit	
8/26/18	Diced Peaches (16g), 100% Fruit Juice Variety, Milk Variety	Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety	(4g), Fresh Apple (K-5 6g, 6-12 12g), 100% Fruit Juice Variety, Milk Variety	(.5g), Pineapple Chunks (18g), 100% Fruit Juice Variety, Milk Variety	(31g), Yogurt (19g), Sliced Pears (15g), 100% Fruit Juice Variety, Milk Variety 8/31/18 Waffle (2 waffles = 31g)	