| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|---|--|----------|
| 2/2/20 | 2/3/20 | 2/4/20 | 2/5/20 | 2/6/20 | 2/7/20 | 2/8/20 |
| *Milk & Juice Carb Counts White 1% Milk - 11g Choc. Fat Free Milk - 24g Apple Juice - 14g Orange Juice - 15g | WG Cereal Variety (see note), String Cheese (.5g), Diced Pears (26g), 100% Fruit Juice Variety, Milk Variety | Breakfast Pizza (28g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety | Cheese Omelet (3g), Hashbrowns(K-5 12g, 6- 12 24g), Sliced Pears (15g), 100% Fruit Juice Variety, Milk Variety | Pancake on a Stick (17g), Sliced Pineapple (16g), 100% Fruit Juice Variety, Milk Variety | Dutch Waffle (43g), Yogurt (19g), Tropical Fruit (26g), 100% Fruit Juice Variety, Milk Variety | |
| 2/9/20 | 2/10/20 | 2/11/20 | 2/12/20 | 2/13/20 | 2/14/20 | 2/15/20 |
| | WG Cereal Variety (see note), String Cheese (.5g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety | Mini Maple Pancakes (1 pkg 38g) w/ Syrup (31g), Sausage Links (0g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety | Scrambled Egg & Bacon Pizza (23g), Sliced Peaches (17g), 100% Fruit Juice Variety, Milk Variety | Breakfast Combo Bar (8g) (Hashbrown, Ham & Cheese), Muffin (30g), Mandarin Oranges (20g), 100% Fruit Juice Variety, Milk Variety | Blueberry Waffles (1 pkg 36g) Yogurt (19g), Syrup (31g) Fresh Banana (27g), 100% Fruit Juice Variety, Milk Variety | |
| 2/16/20 | 2/17/20 | 2/10/20 | 2 14 0 12 0 | 0.400.400 | 0.104.100 | |
| | | 2/18/20 | 2/19/20 | 2/20/20 | 2/21/20 | 2/22/20 |
| | * Cereal Carb Counts Cheerios 20g Lucky Charms 23g Coco Roos 21g Cinnamon Toast 22g Honey Grahams 22g *see package for any cereal not listed | 2/18/20 Cinnamon French Toast (37g), Syrup (31g), Sausage Links (0g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety | 2/19/20 Biscuit (25g) & Gravy (4g), Fresh Apple (K-5 12g, 6-12 24g), 100% Fruit Juice Variety, Milk Variety | 2/20/20 Egg and Cheese Croissant (K-5 19g, 6-8 38g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety | 2/21/20 WG Cereal Variety (*see side note), String Cheese (.5g), Pineapple Chunks (18g), 100% Fruit Juice Variety, Milk Variety | 2/22/20 |
| 2/23/20 | * Cereal Carb Counts Cheerios 20g Lucky Charms 23g Coco Roos 21g Cinnamon Toast 22g Honey Grahams 22g *see package for any cereal not | Cinnamon French Toast (37g), Syrup (31g), Sausage Links (0g), Applesauce (17g), 100% Fruit Juice | Biscuit (25g) & Gravy (4g), Fresh Apple (K-5 12g, 6-12 24g), 100% Fruit Juice Variety, Milk | Egg and Cheese Croissant (K-5 19g, 6-8 38g), Fresh Orange (11g), 100% Fruit | WG Cereal Variety (*see side note), String Cheese (.5g), Pineapple Chunks (18g), 100% Fruit Juice | 2/22/20 |
| | * Cereal Carb Counts Cheerios 20g Lucky Charms 23g Coco Roos 21g Cinnamon Toast 22g Honey Grahams 22g *see package for any cereal not listed | Cinnamon French Toast (37g), Syrup (31g), Sausage Links (0g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety | Biscuit (25g) & Gravy (4g), Fresh Apple (K-5 12g, 6-12 24g), 100% Fruit Juice Variety, Milk Variety | Egg and Cheese Croissant (K-5 19g, 6-8 38g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety | WG Cereal Variety (*see side note), String Cheese (.5g), Pineapple Chunks (18g), 100% Fruit Juice Variety, Milk Variety | |