

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					2/1/19	2/2/19
			*Milk & Juice Carb Counts White 1% Milk - 11g Choc. Fat Free Milk - 24g Apple Juice - 14g Orange Juice - 15g	* Cereal Carb Counts Cheerios 20g Lucky Charms 23g Coco Roos 21g Cinnamon Toast 22g Honey Grahams 22g *see package for any cereal not listed	WG Cereal Variety (see note), Yogurt (19g), Tropical Fruit (26g), 100% Fruit Juice Variety, Milk Variety	
2/3/19	2/4/19	2/5/19	2/6/19	2/7/19	2/8/19	2/9/19
	WG Cereal Variety (see note), String Cheese (.5g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety	Mini Maple Burst Pancakes (1pkg = 38g) w/ Syrup (31g), Sausage Links (0g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety	Scrambled Egg & Bacon Pizza (23g), Sliced Peaches (17g), 100% Fruit Juice Variety, Milk Variety	Breakfast Combo Bar (8g) (Hashbrown, Ham & Cheese), Blueberry Muffin (30g), Mandarin Oranges (20g), 100% Fruit Juice Variety, Milk Variety	Waffle (2 waffles = 31g) Yogurt (19g), Syrup (31g) Fresh Banana (27g), 100% Fruit Juice Variety, Milk Variety	
2/10/19	2/11/19	2/12/19	2/13/19	2/14/19	2/15/19	2/16/19
	Breakfast Burrito (17g), Diced Peaches (16g), 100% Fruit Juice Variety, Milk Variety	Ham Egg and Cheese Croissant (K-5 19g, 6-8 38g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety	Biscuit (25g) & Gravy (4g), Fresh Apple (K-5 12g, 6-12 24g), 100% Fruit Juice Variety, Milk Variety	French Toast Sticks (4 sticks =42g) w/ Syrup (31g), Yogurt (19g), Sliced Pears (15g), 100% Fruit Juice Variety, Milk Variety	WG Cereal Variety (*see side note), String Cheese (.5g), Pineapple Chunks (18g), 100% Fruit Juice Variety, Milk Variety	
2/17/19	2/18/19	2/19/19	2/20/19	2/21/19	2/22/19	2/23/19
	Presidents Day No School 	Cheese Omelet (3g), Hashbrowns(K-5 12g, 6-12 24g), Sliced Pears (15g), 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza (28g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety	Pancake on a Stick (17g), Sliced Pineapple (16g), 100% Fruit Juice Variety, Milk Variety	WG Cereal Variety (see note), Yogurt (19g), Tropical Fruit (26g), 100% Fruit Juice Variety, Milk Variety	
2/24/19	2/25/19	2/26/19	2/27/19	2/28/19		
	WG Cereal Variety (* see note), String Cheese (.5g), Sliced Peaches (17g), 100% Fruit Juice Variety, Milk Variety	Sausage Biscuit (25g), Fresh Apple (K-5 12g, 6-12 24g), 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza (28g), Fruit Cocktail (20g), 100% Fruit Juice Variety, Milk Variety	Mini Pancake Roll Up (3 pieces = 17g), Diced Peaches (16g), 100% Fruit Juice Variety, Milk Variety		

Menu is subject to change without notice.