SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					11/1/19	11/2/19
			Eat 1/2 cup of fruits and vegetables with every meal!	WG Cereal Variety (*see side note), String Cheese (.5g), Pineapple Chunks (18g), 100% Fruit Juice Variety, Milk Variety	Cinnamon French Toast (37g), Syrup (31g), Sausage Links (0g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety	
11/3/19	11/4/19	11/5/19	11/6/19	11/7/19	11/8/19	11/9/19
	No School	WG Cereal Variety (see note), String Cheese (.5g), Fresh Apple (K-5 12g, 6-12 24g), 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza (28g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety	Pancake on a Stick (17g), Sliced Pineapple (16g), 100% Fruit Juice Variety, Milk Variety	Pumpkin Bread (44g), Yogurt (19g), Tropical Fruit (26g), 100% Fruit Juice Variety, Milk Variety	
11/10/19	11/11/19	11/12/19	11/13/19	11/14/19	11/15/19	11/16/19
	WG Cereal Variety (see note), String Cheese (.5g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety	Mini Maple Pancakes (1 pkg 38g) w/ Syrup (31g), Sausage Links (0g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety	Scrambled Egg & Bacon Pizza (23g), Sliced Peaches (17g), 100% Fruit Juice Variety, Milk Variety	Breakfast Combo Bar (8g) (Hashbrown, Ham & Cheese), Blueberry Muffin (30g), Mandarin Oranges (20g), 100% Fruit Juice Variety, Milk Variety	Blueberry Waffles (1 pkg 36g) Yogurt (19g), Syrup (31g) Fresh Banana (27g), 100% Fruit Juice Variety, Milk Variety	
11/17/19	11/18/19	11/19/19	11/20/19	11/21/19	11/22/19	11/23/19
	WG Cereal Variety (* see note), String Cheese (.5g), Sliced Peaches (17g), 100% Fruit Juice Variety, Milk Variety	Sausage Biscuit (25g), Fresh Apple (K-5 12g, 6-12 24g), 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza (28g), Fruit Cocktail (20g), 100% Fruit Juice Variety, Milk Variety	Mini Pancake Roll Up (3 pieces = 17g), Diced Peaches (16g), 100% Fruit Juice Variety, Milk Variety	French Toast Sticks (4 sticks =42g) w/ Syrup (31g), Yogurt (19g), Sliced Pears (15g), 100% Fruit Juice Variety, Milk Variety	
11/24/19	11/25/19	11/26/19	11/27/19	11/28/19	11/29/19	11/30/19
	Breakfast Burrito (17g), Diced Peaches (16g), 100% Fruit Juice Variety, Milk Variety	Egg and Cheese Croissant (K-5 19g, 6-8 38g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety		HAPPY THANKSGIVING		
Menu is subject to change without notice.						