

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
	Eat 1/2 cup of fruits and vegetables with every meal! 	Salad Bar Served Daily Grades 6 - 12 	Salisbury Steak(4g), Mashed Potatoes (34g)w/ Gravy(4g), Steamed Peas (11g) , Hot Roll (15g, 6-12 24g), Pineapple Chunks (18g) * Alt. Entrée (6th - 12th) - Pizza Variety - Cheese (33g), Pepp (37g)	Chicken Teriyaki (8g), Rice (23g, 6-12 35g), Stir Fry Vegetables (4g), Celery Sticks, Mandarin Oranges (20g), Rice Krispy Treat (26g) * Alt. Entrée (6th - 12th) - Bosco Sticks (25g each)	Beef & Bean Burrito (39g), Salsa (6g), Romaine Salad w/ Cherry Tomatoes (1g), Rancho Fiesta Veg (9g), Fresh Orange (11g) * Alt. Entrée (6th - 12th) - Chef's Choice	
5	6	7	8	9	10	11
	No School 	Southwest Flauta (K-5 22g / 6-8th 33g/ 9-12th 44g), Refried Beans (24g), Corn (17g), Salsa (6g),Mandarin Oranges (20g) * Alt. Entrée (6th - 12th) - Pizza Variety - Cheese (33g), Pepp (37g)	Pepperoni Pizza (K-5th 37g / 6-12th 38g),Winter Blend Vegetables (5g), Fresh Baby Carrots (5g), Ranch (7g), Fresh Apple (12g), Sugar Cookie (20g) * Alt. Entrée (6th - 12th) - Hamburger (29g)	Grilled Chicken Sandwich (K-5 21g / 6-12th 28g), LT, Mayo, Garden Vegetables (5g), Pineapple Slices (16g), Chocolate Brownie (27g) * Alt. Entrée (6th - 12th) - Bosco Sticks (25g each)	Chicken & Noodles (K-5th 22.5g / 6-12th 30g), Mashed Potatoes (34g), Green Beans (3g), Hot Roll (15g, 6-12 24g), Applesauce (17g) * Alt. Entrée (6th - 12th) - Chef's Choice	
12	13	14	15	16	17	18
	Cheese & Chicken Quesadilla (38g), Black Beans (30g), Celery Sticks, Salsa (6g), Fresh Orange (11g) * Alt. Entrée (6th - 12th) - Chicken Patty on a Bun 6-8 (36g), 9-12 (43g)	Chicken Strips (11g), Au Gratin Potatoes (22g), California Veg (4g), Hot Roll (15g, 6-12 24g), Diced Pears (26g), Peach Crisp (28.5g) * Alt. Entrée (6th - 12th) - Hamburger (29g)	Sliced Turkey (K-5 2g 6-12 2.5g), Stuffing (26g), Mashed Potatoes (34g) w/ Gravy (5g), Hot Roll (15g), Green Beans(3g), Pumpkin Bars (16g), Fruit Salad (20g)	Three Cheese Stuffed Ravioli(K-5 25g / 6-12 32g) w/ Marinara Sauce (5g), Capri Vegetables (4g), Fresh Apple (12g), Snickerdoodle Cookie (20g) * Alt. Entrée (6th - 12th) - Bosco Sticks (25g each)	Chicken Nuggets (16g), Waffle Fries (12g), Fresh Broccoli Florets (3g), Hot Roll (15g /6-12 24g) w/ Jelly(9g), Banana (27g) * Alt. Entrée (6th - 12th) - Chef's Choice	
19	20	21	22	23	24	25
	Pig n' Blanket (14g), WG Roll (15g/6-12 24g), Ranch Potato Wedges (30g), Steamed Broccoli (4g), Banana (27g) * Alt. Entrée (6th - 12th) - Chicken Patty on a Bun 6-8 (36g), 9-12 (43g)	Popcorn Chicken (12g), Straight Cut Fries (18g), Steamed Carrots (7g), Hot Roll (15g), Fruit Cocktail (20g) * Alt. Entrée (6th - 12th) - Hamburger (29g)				
26	27	28	29	30		
	Lasagna (27g) , Italian Green Beans (7g), Romaine Salad w/ Cherry Tomatoes (1g), Garlic Breadstick (15g), Fresh Pear (26g) * Alt. Entrée (6th - 12th) - Chicken Patty on a Bun 6-8 (36g), 9-12 (43g)	Corn Dog (30g), Baked Beans (34g), Creamy Cole Slaw (7.5g), Fresh Banana (27g) * Alt. Entrée (6th - 12th) - Hamburger (29g)	Breaded Turkey Patty (17g), Mashed Potatoes (34g) w/ Gravy (5g), Country Vegetables (11g), Hot Roll (15g, 6-12 24g), Fresh Orange (11g) * Alt. Entrée (6th - 12th) - Pizza Variety - Cheese (33g), Pepp (37g)	Pulled Pork Sandwich (30g 6-12 44g), Sweet Potato Tots (23g), Corn on the Cob (19g), Sliced Peaches (17g) * Alt. Entrée (6th - 12th) - Bosco Sticks (25g each)	"USDA is an equal opportunity provider and employer."	

Menu is subject to change without notice.