



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
			"USDA is an equal opportunity provider and employer."	* Cereal Carb Counts Honey Nut Scooters 22g Marshmallow Mateys 23g Coco Roos 21g Cinnamon Toasters 22g Honey Graham Toasters 22g *see package for any cereal not listed	WG Cereal Choice (see note*) / WG Powdered Sugar Donuts (41g), Mixed Fruit Cup (20g), 100% Fruit Juice Variety, Milk Variety	
3	4	5	6	7	8	9
	No School 	WG Cereal Variety (* see note), String Cheese (.5g), Pineapple Slices (16g), 100% Fruit Juice Variety, Milk Variety	Cherry Strudel (37g) or Choice WG Cereal, Fresh Apple Variety (12g), 100% Fruit Juice Variety, Milk Variety	Mini Pancake Roll Up (3 pieces = 17g), Diced Peaches (16g), 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza (28g), Fruit Cocktail (20g), 100% Fruit Juice Variety, Milk Variety	
10	11	12	13	14	15	16
	Breakfast Burrito (17g), Diced Peaches (16g), 100% Fruit Juice Variety, Milk Variety	WG Cereal Variety (see note*), String Cheese (.5g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety	Biscuit (25g) & Gravy (4g), Fresh Apple (12g), 100% Fruit Juice Variety, Milk Variety	WG Cereal Variety (*see side note), String Cheese (.5g), Pineapple Chunks (18g), 100% Fruit Juice Variety, Milk Variety	French Toast Sticks (4 sticks =42g) w/ Syrup (31g), Yogurt (19g), Sliced Pears (15g), 100% Fruit Juice Variety, Milk Variety	
17	18	19	20	21	22	23
	Waffle (2 waffles = 31g) w/ Syrup (31g), Yogurt (19g), Diced Pears (26g), 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza (28g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety	No School 	Blueberry Muffin (30g), Yogurt (19g), Mandarin Oranges (20g), 100% Fruit Juice Variety, Milk Variety	Pancake on a Stick (17g), Sliced Peaches (17g), 100% Fruit Juice Variety, Milk Variety	
24	25	26	27	28	29	30
	WG Cereal Variety (see note), String Cheese (.5g), Sliced Peaches (17g), 100% Fruit Juice Variety, Milk Variety	Pancakes (2 pancakes = 28g) w/ Syrup (31g), Sausage Links (0g), Fresh Orange (11g), 100% Fruit Juice Variety, Milk Variety	Scrambled Egg & Bacon Pizza (23g), Applesauce (17g), 100% Fruit Juice Variety, Milk Variety	Apple Frudel (36g), WG Cereal Choice (*see note), Mixed Fruit Cup (20g), 100% Fruit Juice Variety, Milk Variety	Dutch Waffle (43g), Yogurt (19g), Fresh Banana (27g), 100% Fruit Juice Variety, Milk Variety	

Menu is subject to change without notice.