

	Tuesday	Wednesday	Thursday	Friday	Cafeteria Information
				12/1/23	<b>Breakfast</b> <b>Choice of one Entrée</b> Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick <b>Choose One Side</b> Assorted Fruits <b>Choose One</b> White or Chocolate Milk
	Don't forget to fill out an application for free and reduced school lunches. Applications are available online at <a href="http://www.girard248.org">www.girard248.org</a>	Eat 1/2 cup of fruits and vegetables with every meal!	This institution is an equal opportunity provider.	Muffin Choice, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	
12/4/23	12/5/23	12/6/23	12/7/23	12/8/23	<b>Lunch</b>
WG Cereal Variety, String Cheese, Fresh Orange, 100% Fruit Juice Variety, Milk Variety	Biscuits & Gravy, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	Breakfast Combo Bar (Hashbrown, Ham & Cheese), Banana Bread, Sliced Pineapple, 100% Fruit Juice Variety, Milk Variety	Blueberry Waffles w/ Syrup, Yogurt, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	<b>RVH Lunch</b> Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu. * <b>GMS / GHS Lunch</b> <b>Choice of one Entrée</b> <b>Main Line</b> - Select one Entrée from Featured Menu. <b>Alt. Line</b> - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crispos) <b>Cold Deli Line - All items Offered Daily:</b> Chef Salad Strawberry or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Doritos * <b>Choose up to Three Sides</b> Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts * <b>Choose One</b> White or Chocolate Milk
12/11/23	12/12/23	12/13/23	12/14/23	12/15/23	
Cereal or Cerela Bar, Mozz Cheese Stick, Fruit Cup, 100% Fruit Juice Variety, Milk Variety	Egg Biscuit, Pineapple Chunks, 100% Fruit Juice Variety, Milk Variety	Scrambled Egg & Bacon Pizza, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety	Cinnamon French Toast w/ Syrup, Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	Ultimate Breakfast Round, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	
12/18/23	12/19/23	12/20/23			
WG Cereal Variety, String Cheese, Sliced Peaches, 100% Fruit Juice Variety, Milk Variety	Sausage Biscuit, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Breakfast Tornado, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety			
This Menu is Subject to Change Without Notice					