

Monday	Tuesday	Wednesday	Thursday	Friday	Cafeteria Information
				9/1/23	<b>Breakfast</b>
	Don't forget to fill out an application for free and reduced school lunches. Applications are available online at <a href="http://www.girard248.org">www.girard248.org</a>	Eat 1/2 cup of fruits and vegetables with every meal!	This institution is an equal opportunity provider.	Popcorn Chicken, French Fries, Cucumber w/ Ranch, Biscuit w/ Honey, Tropical Fruit * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice	<b>Breakfast</b> Choice of one Entrée Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick Choose One Side Assorted Fruits Choose One White or Chocolate Milk
9/4/23	9/5/23	9/6/23	9/7/23	9/8/23	<b>Lunch</b>
No School Labor Day	Corn Dog, Tri Taters, Creamy Cole Slaw, Fresh Carrot Sticks, Fresh Banana * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Trojan Burger	Chicken Drumstick, Mashed Potatoes, Gravy, Seasoned Corn, Hot Roll, Fruit Cocktail * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line	Biscuits & Gravy, Scrambled Eggs, Tomato, Green Pepper, Salsa, Hashbrowns, Sausage Patty, Fresh Clementine * (6th - 12th) Chef Salad & Fruit, Cold Deli Line	Chicken Wrap, Green Leaf Lettuce, Tomato, Cheese, Ranch, Baked Beans, Sliced Pineapple, Choc. Chip Cookie * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice	<b>RVH Lunch</b> Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu. *
9/11/23	9/12/23	9/13/23	9/14/23	9/15/23	<b>GMS / GHS Lunch</b> Choice of one Entrée Main Line - Select one Entrée from Featured Menu. Alt. Line - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crisptos) Cold Deli Line - All items Offered Daily: Chef Salad Strawberry or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Doritos * Choose up to Three Sides Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts * Choose One White or Chocolate Milk
Fiestada Pizza, Lettuce, Tomato, Refried Beans, Corn, Fresh Grapes * 6-12th Chef Salad, Fruit & Cold Deli Line "Chicken & a Bun" Line	Country Fried Steak, Mashed Potatoes, Gravy, California Blend Veg., Biscuit w/ Honey, Diced Pears * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Trojan Burger	Pulled Pork Sandwich, Seasoned Fries, Corn on the Cob, Sliced Peaches * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line	Chili w/ Crackers, Green Beans, Celery Sticks, Cinnamon Roll, Fresh Orange * (6-12th) Chef Salad, Fruit & Cold Deli Line, Baked Potato Bar	Meatball Sub w/ Marinara, Seasoned Red Potatoes, Romaine Salad w/ Carrot & Tomato, Sliced Peaches, Apple Crisp * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice	
9/18/23	9/19/23	9/20/23	9/21/23	9/22/23	
No School	Chili Crisptos, Refried Beans, Rice, Salsa, Pineapple Chunks * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Mushroom & Swiss Burger	Hot Ham & Cheese on a Bun, L,T, Mayo, Baked Beans, Doritos Chips, Carrot Sticks, Fresh Apple * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line	Chicken Teriyaki, Rice, Stir Fry Vegetables, Celery Sticks, Mandarin Oranges, Rice Crispy Treat * (6-12th) Chef Salad, Fruit & Cold Deli Line BBQ Line	American Dog, Ketchup, Mustard, Relish, Potato Wedges, Cucumber & Tomato Salad, Fresh Pear, Snickerdoodle Cookie * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice	
9/25/23	9/26/23	9/27/23	9/28/23	9/29/23	
Sloppy Joe, Sliced Carrots, Macaroni Salad, Fresh Cucumber & Tomato, Pineapple Chunks * 6-12th Chef Salad, Fruit & Cold Deli Line, Chicken Strip Basket Line	Chicken & Noodles, Mashed Potatoes, Green Beans, Biscuit w/ Honey, Cherry Applesauce * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Trojan Burger	Turkey & Swiss Sub Sandwich, Lettuce, Tomato, Onion, Baked Beans, Sun Chips, Fresh Grapes, Sugar Cookie * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line	BBQ Boneless Chicken Wings, Romaine Salad w/ Carrot, Tomatoes & Ranch, Sweet Potato Tots, Hot Roll w Jelly, Fresh Pear * (6-12th) Chef Salad, Fruit & Cold Deli Line Mexican Line	Pepperoni Pizza, Italian Vegetables, Fresh Cucumber w/ Ranch, Diced Peaches * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice	

This Menu is Subject to Change Without Notice